

ADFA

Adaptive Dance For All

Adaptive Dance For All is a program for children and adults of all ages in an inclusive atmosphere. Led by Erin Hartnett and Lauren Cook, Adaptive Dance for All serves any mental or physical disabilities to develop social skills, independence, motor learning, and verbal proficiency. Volunteers are a valuable party of the team! We love our volunteers and would love for you to join us for our upcoming sessions!

New Location:

Evelyn Ott School of Dance
7921 Harold St
Norfolk, VA 23518

Volunteer Training Day

Friday Sept 6th 5:30pm
at Evelyn Ott School of Dance



SCAN ME TO FILL IN
VOLUNTEER FORM

Mark Your Calendars

ADFA Classes will be Fridays 5:30pm - 6:30pm

Consecutive classes for Winter, Spring and Fall sessions and a new style for Summer

Fall Session 1

Sept 13th - Oct. 11th

Fall Session 2

Oct. 25th - Nov. 22nd

End of Year

Dance Party

Dec. 20th

Winter Session

Jan. 17th - Feb 14th.

Spring Session

Projected to start April
Dates will be released in Summer

Program Coordinators Erin Hartnett and Lauren Cook can be reach by email adaptivedance4all@gmail.com or by phone Erin 757-812-0668 or Lauren 434-665-3148